

Individual Best Times (All Time)

Rebecca Ashton - (1207128) - Orion SC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:58.97	315	F	29/09/19	Orion Distance Club Championships	King Edward School	Orion	4
2:59.35	313	F	25/05/19	Southwold Annual May Open Meet 2019	Gloucester	Orion	3
3:03.20	294	F	16/11/19	Sevenside Tritons November Sparkler	Gloucester	Orion	3
3:05.98	281	F	03/11/18	Sevenside Tritons November Sparkler	Gloucester	Orion	3
3:08.79	268	F	30/09/18	Orion Club Championship 2018	Edgbaston	Orion	4
3:25.50	208	F	01/10/17	Orion Club Championships	Birmingham	Orion	4
3:42.88	163	F	22/09/16	Orion Club Championships	Edgbaston	Orion	4
3:52.76	143	H	24/01/16	Long Eaton 2016	Derby	Orion	3

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