

Individual Best Times (All Time)

Sophie Brassington - (1191018) - Mount Kelly Swimming - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:55.80	670	F	08/12/23	Scottish National Short Course Championships 2023	Edinburgh		2
4:55.87	670	H	08/12/23	Scottish National Short Course Championships 2023	Edinburgh		2
5:01.12	635	F	16/12/22	Swim Wales Winter Championships 2022	Swansea		2
5:05.26	610	F	07/11/21	SE South West Region SC Winter Championships	Millfield School		2
5:06.81	601	H	03/12/22	National Winter Championships 2022	Sheffield	Mt Kelly	2
5:08.32	592	F	01/02/20	Swim Wales South East Regional Championships	Newport	Co Cardiff	2
5:10.12	582	H	11/12/20	Mount Kelly	Mount Kelly	Mt Kelly	0
5:19.80	530	F	02/02/19	Swim Wales South East Regional Championships	Newport	Co Cardiff	2
5:24.37	508	F	21/09/19	City of Cardiff Club Championships	Cardiff	Co Cardiff	3
5:25.19	504	F	17/06/21	Mount Kelly	Mount Kelly		0
5:41.67	435	F	21/10/18	Millfield School & Street SC TYR	Millfield School	Co Cardiff	2
5:55.69	385	F	22/09/18	City of Cardiff Club Championships	Cardiff	Co Cardiff	3
6:31.43	289	F	23/09/17	City of Cardiff Club Championships	Cardiff	Co Cardiff	3
7:32.23	187	F	24/09/16	City of Cardiff Club Championship	Cardiff	Co Cardiff	3

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