Individual Best Times (All Time)

Sophie Brassington - (1191018) - Mount Kelly Swimming - 50 Backstroke - Short Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|---|------------------|-----------------|-------|
| 32.25 | 479 | F | 16/10/21 | Exeter City - Lindsay Powell Memorial Meet 2021 | Plymouth | | 2 |
| 33.02 | 447 | F | 01/02/20 | Swim Wales South East Regional Championships | Newport | Co Cardiff | 2 |
| 33.68 | 421 | Н | 01/02/20 | Swim Wales South East Regional Championships | Newport | Co Cardiff | 2 |
| 34.24 | 401 | Н | 30/11/19 | Swim Wales Short Course Championships | WNPS | Co Cardiff | 2 |
| 34.37 | 396 | F | 19/10/19 | Greater Gwent Fastwater Open Meet | Newport | Co Cardiff | 2 |
| 34.68 | 385 | Н | 13/02/19 | Swim Wales South East Regional Championships | Newport | Co Cardiff | 2 |
| 34.96 | 376 | F | 13/02/19 | Swim Wales South East Regional Championships | Newport | Co Cardiff | 2 |
| 35.08 | 372 | F | 03/11/18 | City of Cardiff Capital Open Meet | Cardiff | Co Cardiff | 2 |
| 35.40 | 362 | Н | 01/12/18 | Swim Wales Short Course Championships | Swansea | Co Cardiff | 2 |
| 35.84 | 349 | F | 21/10/18 | Millfield School & Street SC TYR | Millfield School | Co Cardiff | 2 |
| 36.99 | 318 | F | 21/09/19 | City of Cardiff Club Championships | Cardiff | Co Cardiff | 3 |
| 42.26 | 213 | F | 23/09/17 | City of Cardiff Club Championships | Cardiff | Co Cardiff | 3 |
| 44.17 | 186 | F | 29/04/17 | City of Newport Spring Open Meet | Newport | Co Cardiff | 2 |
| 44.79 | 179 | Н | 07/02/17 | Swim Wales South East Regional | Newport | Co Cardiff | 2 |
| 46.32 | 161 | F | 15/10/16 | Greater Gwent Fast Water Open Meet | Newport | Co Cardiff | 2 |
| 46.68 | 158 | F | 26/11/16 | Swim Wales South East Sub Regional Champs | Newport | Co Cardiff | 3 |
| 48.98 | 137 | F | 24/09/16 | City of Cardiff Club Championship | Cardiff | Co Cardiff | 3 |
| 49.25 | 134 | F | 30/04/16 | City of Newport Club Open Spring Meet | Newport | Co Cardiff | 2 |
| 49.66 | 131 | F | 13/12/15 | City of Newport Christmas Cracker | Newport | Co Cardiff | 3 |

Swims in Date Order

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| 34.24 Copyright 20 | | Н | 30/11/19 | Swim Wales Short Course Championships | WNPS | Co Cardiff Powered By SPORT | SYSTEMS |

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|-------|-----|---|----------|--|------------------|------------|--------------------|
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