

Individual Best Times (All Time)

Amy Ash - (1185841) - East Kilbride ASC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:37.49	451	F	17/11/19	2019 SS West District SC SAG Championships	Glasgow	Eastkilbride	2
5:39.10	445	F	28/10/18	2018 WD SC Senior Age Group Championships	Tollcross	Eastkilbride	2
5:45.89	419	F	25/11/17	Dumfries ASC Advent Open 2017	Dumfries	Eastkilbride	2
6:02.48	364	F	11/02/17	North Ayrshire 200 Meet	Auchenharvie		2

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