Individual Best Times (All Time)

Amy Ash - (1185841) - East Kilbride ASC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:39.59	413	F	16/11/19	2019 SS West District SC SAG Championships	Glasgow	Eastkilbride	2
2:45.61	370	F	26/11/17	Dumfries ASC Advent Open 2017	Dumfries	Eastkilbride	2
2:46.45	364	F	27/10/18	2018 WD SC Senior Age Group Championships	Tollcross	Eastkilbride	2
2:52.40	328	F	12/02/17	North Ayrshire 200 Meet	Auchenharvie		2
2:53.70	321	F	28/10/17	2017 SS West District SC Senior Age Group	Grangemouth	Eastkilbride	1
3:02.21	278	F	30/04/16	Dumfries & FIRST Spring Meet	Bellshill	Eastkilbride	2

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