

Individual Best Times (All Time)

Amy Ash - (1185841) - East Kilbride ASC - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
28.96	496	H	08/09/19	2019 SS West District SC AG Sprints & Relay Champs	Tollcross	Eastkilbride	1
29.13	487	F	23/02/20	East Kilbride SC Age Group Meet 2020	Larkhall	Eastkilbride	2
30.82	411	H	02/09/18	2018 SS West District SC Sprints & Relay Champs	Tollcross	Eastkilbride	1
31.99	368	F	29/04/17	Dumfries Spring Graded Meet 2017	Dumfries	Eastkilbride	2
32.61	347	H	27/08/16	2016 SASA West District SR Champs	Glasgow	Eastkilbride	1
32.63	347	H	12/03/17	Cumbernauld Spring Graded Meet	Tryst LC	Eastkilbride	2
33.48	321	F	01/05/16	Dumfries & FIRST Spring Meet	Bellshill	Eastkilbride	2

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.13	487	F	23/02/20	East Kilbride SC Age Group Meet 2020	Larkhall	Eastkilbride	2
28.96	496	H	08/09/19	2019 SS West District SC AG Sprints & Relay Champs	Tollcross	Eastkilbride	1
30.82	411	H	02/09/18	2018 SS West District SC Sprints & Relay Champs	Tollcross	Eastkilbride	1
31.99	368	F	29/04/17	Dumfries Spring Graded Meet 2017	Dumfries	Eastkilbride	2
32.63	347	H	12/03/17	Cumbernauld Spring Graded Meet	Tryst LC	Eastkilbride	2
32.61	347	H	27/08/16	2016 SASA West District SR Champs	Glasgow	Eastkilbride	1
33.48	321	F	01/05/16	Dumfries & FIRST Spring Meet	Bellshill	Eastkilbride	2