Individual Best Times (All Time)

Holly Popham - (1184719) - Caerphilly County Swim Squad - 100 Backstroke - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:22.16	57	F	05/04/14	South East Wales No Time Gala	Newport	Caerphilly	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:22.16	57	F	05/04/14	South East Wales No Time Gala	Newport	Caerphilly	4