

Individual Best Times (All Time)

Daniel Aitken - (1178029) - Halesworth & District SC - 200 Backstroke - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:19.98	147	F	18/11/22	Team Waveney SC Club Championships 2022	Lowestoft		4

Swims in Date Order

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