

# Individual Best Times (All Time)

Daniel Aitken - (1178029) - Halesworth & District SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time    | WA Pts | Round | Date     | Meet  | Venue           | Club Swam Under | Level |
|---------|--------|-------|----------|---|-----------------|-----------------|-------|
| 38.73   | 186    | H     | 29/07/23 | Norwich Swan & Great Yarmouth SC Summer Sprints | Norwich         | Team Waveney    | 3     |
| 40.42   | 163    | F     | 04/12/22 | Newmarket & District SC December Open Meet 2022 | Newmarket       |                 | 3     |
| 41.09   | 155    | F     | 30/04/22 | Team Waveney Development Meet                   | Waterlane LC    |                 | 4     |
| 42.35   | 142    | F     | 18/11/22 | Team Waveney SC Club Championships 2022         | Lowestoft       |                 | 4     |
| 45.35   | 115    | H     | 18/05/19 | Beccles Development Open Meet                   | Bungay          | Beccles Town    | 4     |
| 45.57   | 114    | H     | 06/12/18 | Beccles Town Sprint Club Championships          | Bungay          | Beccles Town    | 4     |
| 46.59   | 106    | F     | 30/03/19 | LOBSC March Open Meet                           | Waterlane LC    |                 | 3     |
| 48.58   | 94     | F     | 21/04/18 | LOBSC April Qualifier Open Meet                 | Waterlane LC    | Beccles Town    | 3     |
| 49.49   | 89     | H     | 28/04/18 | Beccles Development Open Meet                   | Bungay          | Beccles Town    | 4     |
| 50.54   | 83     | H     | 16/06/18 | Suffolk County Development Meet                 | Ipswich         | Beccles Town    | 3     |
| 50.62   | 83     | H     | 22/09/18 | Beccles Town End of Summer Sprint Meet          | Bungay          | Beccles Town    | 3     |
| 50.81   | 82     | F     | 14/04/18 | Mini Novice Inter-Club Invitational Meet 2018   | Ipswich         | Beccles Town    | 4     |
| 52.94   | 72     | F     | 12/05/18 | The A'MAY'zing Spring Development Meet          | Bury St Edmunds | Beccles Town    | 3     |
| 1:01.16 | 47     | H     | 09/09/17 | Beccles Town End of Summer Sprint Meet          | Bungay          | Beccles Town    | 3     |

## Swims in Date Order

| Time  | WA Pts | Round | Date     | Meet  | Venue        | Club Swam Under | Level |
|-------|--------|-------|----------|---|--------------|-----------------|-------|
| 38.73 | 186    | H     | 29/07/23 | Norwich Swan & Great Yarmouth SC Summer Sprints | Norwich      | Team Waveney    | 3     |
| 40.42 | 163    | F     | 04/12/22 | Newmarket & District SC December Open Meet 2022 | Newmarket    |                 | 3     |
| 42.35 | 142    | F     | 18/11/22 | Team Waveney SC Club Championships 2022         | Lowestoft    |                 | 4     |
| 41.09 | 155    | F     | 30/04/22 | Team Waveney Development Meet                   | Waterlane LC |                 | 4     |
| 45.35 | 115    | H     | 18/05/19 | Beccles Development Open Meet                   | Bungay       | Beccles Town    | 4     |
| 46.59 | 106    | F     | 30/03/19 | LOBSC March Open Meet                           | Waterlane LC |                 | 3     |
| 45.57 | 114    | H     | 06/12/18 | Beccles Town Sprint Club Championships          | Bungay       | Beccles Town    | 4     |
| 50.62 | 83     | H     | 22/09/18 | Beccles Town End of Summer Sprint Meet          | Bungay       | Beccles Town    | 3     |
| 50.54 | 83     | H     | 16/06/18 | Suffolk County Development Meet                 | Ipswich      | Beccles Town    | 3     |

|         |    |   |          |   |                 |              |   |
|---------|----|---|----------|---|-----------------|--------------|---|
| 52.94   | 72 | F | 12/05/18 | The A'MAY'zing Spring Development Meet        | Bury St Edmunds | Beccles Town | 3 |
| 49.49   | 89 | H | 28/04/18 | Beccles Development Open Meet                 | Bungay          | Beccles Town | 4 |
| 48.58   | 94 | F | 21/04/18 | LOBSC April Qualifier Open Meet               | Waterlane LC    | Beccles Town | 3 |
| 50.81   | 82 | F | 14/04/18 | Mini Novice Inter-Club Invitational Meet 2018 | Ipswich         | Beccles Town | 4 |
| 1:01.16 | 47 | H | 09/09/17 | Beccles Town End of Summer Sprint Meet        | Bungay          | Beccles Town | 3 |