

# Individual Best Times (All Time)

Jessica Lay - (1177653) - Brompton SC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:58.89	293	F	22/04/17	Middlesex Spring Development Meet	Enfield	Brompton	3
3:00.75	284	F	03/12/16	Ealing December Christmas L3 Open Meet	Northolt	Brompton	3
3:01.71	280	F	25/02/17	ESC February L3 Open	Northolt	Brompton	3
3:01.89	279	F	25/06/17	Brompton Summer Club Champs	London	Brompton	4
3:07.43	255	F	27/11/16	Brompton Winter Club Championships	London	Brompton	4
3:19.13	213	F	23/11/14	Brompton Winter Club Championships	Fulham		4
3:19.95	210	F	22/11/15	Brompton Mid Distance Club Championships 2015	London	Brompton	4
3:27.89	187	F	01/03/15	MCASA Spring Development Meet	Enfield	Brompton	3
3:54.42	130	F	30/11/13	Brompton Mid Distance Championships	Fulham	Brompton	4

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