Individual Best Times (All Time)

Mohammad Ahmed - (1177311) - Havering Dolphins - 50 Backstroke - Short Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
34.24	269	F	15/12/18	LB Redbridge Last Chance County Qualifier	Fullwell Cross Pool	Havering Dol	3
34.45	264	Н	15/07/18	Southend on Sea Summer Sprint Meet	Southend on Sea	Havering Dol	3
34.48	263	F	24/03/18	Lon Bor of Redbridge Last Chance Regional Quals	Lon Bor of Redbridge	Havering Dol	3
35.63	238	F	16/12/17	Last Chance County Qualifying Meet December 2017	Fullwell Cross	Havering Dol	3
36.71	218	Н	02/07/17	Spring Festival One Day Open Meet	Braintree	Havering Dol	3
37.44	205	Н	22/10/17	Rushmoor Royals October L3 Sprint Open Meet 2017	Aldershot	Havering Dol	3
37.49	205		02/04/17	Robin Deal Memorial Meet	Sudbury		3
37.94	197	Н	06/12/15	Braintree & Bocking Spring Festival Open Meet	Braintree	Havering Dol	3
38.20	193	F	01/10/16	LBRS Early Chance October Meet	llford	Havering Dol	3
38.23	193	Н	18/09/16	Epping Forest District Season Opener 2016	Loughton	Havering Dol	3
38.71	186	F	18/06/16	Enfield Swim Squad Summer Open Meet	Enfield	Havering Dol	3
39.54	174	F	12/03/16	Maxwell March L3 Meet	Aylesbury	Havering Dol	3
42.65	139	Н	19/04/15	Essex & Regional Qualifier	Thurrock	Havering Dol	3
44.37	123	F	04/01/15	London Borough of Redbridge Winter Meet	Barkingside	Havering Dol	3
44.58	121	Н	21/06/15	Colchester 2nd Midsummer Madness Open Meet	Colchester	Havering Dol	3
46.58	106	F	05/10/14	Redbridge Early County & Regional Meet	Barksingside	Havering Dol	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
34.24	269	F	15/12/18	LB Redbridge Last Chance County Qualifier	Fullwell Cross Pool	Havering Dol	3
34.45	264	Н	15/07/18	Southend on Sea Summer Sprint Meet	Southend on Sea	Havering Dol	3
34.48	263	F	24/03/18	Lon Bor of Redbridge Last Chance Regional Quals	Lon Bor of Redbridge	Havering Dol	3
35.63	238	F	16/12/17	Last Chance County Qualifying Meet December 2017	Fullwell Cross	Havering Dol	3
37.44	205	Н	22/10/17	Rushmoor Royals October L3 Sprint Open Meet 2017	Aldershot	Havering Dol	3
36.71	218	Н	02/07/17	Spring Festival One Day Open Meet	Braintree	Havering Dol	3
37.49 Copyright 202	205 4		02/04/17	Robin Deal Memorial Meet	Sudbury	Powered By SPORT	3 TSYSTEMS

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