

# Individual Best Times (All Time)

Mohammad Ahmed - (1177311) - Havering Dolphins - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
28.70	346	F	24/03/18	Lon Bor of Redbridge Last Chance Regional Quals	Lon Bor of Redbridge	Havering Dol	3
28.89	339	H	29/09/18	Romford Town 8th David Jacobs Memorial Gala	Romford	Havering Dol	3
28.91	339	H	03/06/18	Braintree & Bocking Spring Festival One Day Open	Braintree	Havering Dol	3
29.14	331	F	15/12/18	LB Redbridge Last Chance County Qualifier	Fullwell Cross Pool	Havering Dol	3
29.31	325	H	22/10/17	Rushmoor Royals October L3 Sprint Open Meet 2017	Aldershot	Havering Dol	3
29.42	321	H	15/07/17	Harlow Penguins 6th Eric Shepherd Open Meet	Harlow	Havering Dol	3
29.56	317	H	15/07/18	Southend on Sea Summer Sprint Meet	Southend on Sea	Havering Dol	3
30.05	301	H	29/10/16	Essex Senior Winter Championships 2016	Basildon	Havering Dol	2
30.34	293	H	18/09/16	Epping Forest District Season Opener 2016	Loughton	Havering Dol	3
30.71	282	H	24/10/15	Essex Senior Short Course Championships 2015	Basildon	Havering Dol	2
30.91	277	F	18/06/16	Enfield Swim Squad Summer Open Meet	Enfield	Havering Dol	3
31.23	269	F	01/10/16	LBRS Early Chance October Meet	Ilford	Havering Dol	3
32.99	228	H	19/04/15	Essex & Regional Qualifier	Thurrock	Havering Dol	3
33.27	222	H	21/06/15	Colchester 2nd Midsummer Madness Open Meet	Colchester	Havering Dol	3
34.03	207	H	13/02/15	Essex County Age Group Championships 2015	Basildon		2
35.50	183	F	04/01/15	London Borough of Redbridge Winter Meet	Barkingside	Havering Dol	3
36.51	168	F	05/10/14	Redbridge Early County & Regional Meet	Barksingside	Havering Dol	3
37.61	154	F	27/04/14	London Borough of Redbridge Meet 2014	Barking	Havering Dol	3

## Swims in Date Order

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