## **Individual Best Times (All Time)**

Joseph Ward - (1175136) - Cleethorpes & Dist SC - 400 Freestyle - Short Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:42.54	423	Н	06/10/18	Kingston Upon Hull Regional Qualifier Short Course	Ennerdale LC	Grimsby AST	3
4:45.96	408	Н	03/12/17	Grimsby Aquatics Club Champs & Time Trials	Grimsby	Grimsby AST	4
4:47.39	402	Н	02/12/18	Grimsby Aquatics Club Championships & Time Trials	Grimsby	Grimsby AST	4
4:48.90	396	Н	07/04/18	KUHSC A B Easter Short Course Meet 2018	Ennerdale	Grimsby AST	3
4:50.16	391	Н	05/04/19	KUHSC A&B Easter Short Course Meet 2019	Ennerdale LC	Grimsby AST	3
4:50.46	390	Н	18/06/17	Grimsby Aquatics Club Championships & Time Trials	Grimsby	Grimsby AST	4
4:50.93	388	Н	03/02/18	Yorkshire County Championships	Leeds	Grimsby AST	2
4:52.63	381	Н	22/04/17	South Tyneside Spring Meet	South Shields	Grimsby AST	3
4:56.12	368	Н	15/06/19	Grimsby Aquatics Club Championships & Time Trials	Grimsby	Grimsby AST	4
5:01.31	349	Н	15/12/19	Grimsby Aquatics Club Championships & Time Trials	Grimsby	Grimsby AST	4
5:02.58	345	Н	17/06/18	Grimsby Aquatics Club Champs & Time Trials	Grimsby	Grimsby AST	4
5:08.07	327		25/09/16	York City Baths Autumn Swim Extravaganza	Leeds	Grimsby AST	3
5:20.67	289	Н	18/07/15	Rotherham Metro A & B Grade Short Course Meet	Sheffield		3
6:30.47	160	Н	20/07/14	Cleethorpes & District Club Championships & TT	Grimsby	Cleethorpes	4

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:01.31	349	Н	15/12/19	Grimsby Aquatics Club Championships & Time Trials	Grimsby	Grimsby AST	4
4:56.12	368	Н	15/06/19	Grimsby Aquatics Club Championships & Time Trials	Grimsby	Grimsby AST	4
4:50.16	391	Н	05/04/19	KUHSC A&B Easter Short Course Meet 2019	Ennerdale LC	Grimsby AST	3
4:47.39	402	Н	02/12/18	Grimsby Aquatics Club Championships & Time Trials	Grimsby	Grimsby AST	4
4:42.54	423	Н	06/10/18	Kingston Upon Hull Regional Qualifier Short Course	Ennerdale LC	Grimsby AST	3
5:02.58	345	Н	17/06/18	Grimsby Aquatics Club Champs & Time Trials	Grimsby	Grimsby AST	4
4:48.90	396	Н	07/04/18	KUHSC A B Easter Short Course Meet 2018	Ennerdale	Grimsby AST	3
4:50.93	388	Н	03/02/18	Yorkshire County Championships	Leeds	Grimsby AST	2
4:45.96 Copyright 2024	408 4	Н	03/12/17	Grimsby Aquatics Club Champs & Time Trials	Grimsby	Grimsby AST Powered By SPORT	4 FSYSTEMS

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4:50.46	390	Н	18/06/17	Grimsby Aquatics Club Championships & Time Trials	Grimsby	Grimsby AST	4
4:52.63	381	Н	22/04/17	South Tyneside Spring Meet	South Shields	Grimsby AST	3
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