

# Individual Best Times (All Time)

Tom Adamson - (1173149) - Carnforth & Dist Otters - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:59.10	357	H	03/05/19	Blackpool Rocks 2019	Blackpool	Carnforth	3
5:11.31	316	H	04/05/18	Blackpool Rocks 2018	Blackpool	Carnforth	3
5:34.45	255	H	28/04/17	Blackpool Rocks 2017	Blackpool	Carnforth	3

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