## Individual Best Times (All Time)

Elyssa Palmer - (1172869) - City of Sunderland ASC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:42.22	423	Н	16/02/19	Durham City Valentines Gala	Durham	Co Sund'land	3
2:45.31	400	Н	30/11/19	Swim Wales Short Course Championships	WNPS	Co Sund'land	2
2:54.08	343	Н	13/05/18	Wear Valley May L3 Meet	Bishop Auckland	Co Sund'land	3
2:54.63	339	Н	11/11/18	Wear Valley November Level 3 Meet 2018	Bishop Auckland	Co Sund'land	3
2:55.55	334	Н	14/04/18	South Tyneside Spring Meet 2018	South Shields	Co Sund'land	3
3:02.82	296	Н	07/01/18	Peterlee & Derwentside New Year Meet 2018	Stanley	Co Sund'land	3
3:10.55	261	Н	24/09/17	Billingham Autumn Meet	Billingham	Co Sund'land	3
3:11.61	257	Н	03/06/17	Derwentside 8th Annual Charity Swim Meet	Stanley	Co Sund'land	3
3:12.57	253	Н	18/06/16	Middlesbrough 2016 Open Meet	Middlesbrough	Co Sund'land	3
3:15.79	241	Н	11/12/16	Swim In To Christmas	Billingham	Co Sund'land	3
3:16.52	238	Н	08/01/17	Last Chance County Qualifier	Stanley	Co Sund'land	3
3:23.13	215	Н	15/05/16	Wear Valley Level 3 Meet May 2016	Bishop Auckland	Co Sund'land	3
3:23.55	214	Н	08/10/16	City of Sunderland Short Course Qualifier	Sunderland	Co Sund'land	2
3:28.47	199	Н	25/09/16	Billingham Autumn Meet	Billingham	Co Sund'land	3
3:31.73	190	Н	20/02/16	Middlesbrough AA Grade 2016 Gala	Middlesbrough	Co Sund'land	3
3:33.73	185	Н	10/01/16	Peterlee & Derwntside New Year Meet	Stanley	Co Sund'land	3

## Swims in Date Order

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3:10.55 Copyright 2024	261 4	Н	24/09/17	Billingham Autumn Meet	Billingham	Co Sund'land Powered By SPORTS	3 SYSTEMS

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