

# Individual Best Times (All Time)

Neo Seppman - (1171805) - City of Swansea Aquatics Club - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
38.93	263	F	22/09/19	Swansea Aquatics Club Championships	Penlan	Swansea Aq	3
39.37	254	F	05/10/19	Llanelli Autumn Meet 2019	Llanelli	Swansea Aq	3
40.18	239	H	09/02/19	Swim Wales West Regional Championships	Haverfordwest		2
40.77	229	F	09/02/19	Swim Wales West Regional Championships	Haverfordwest	Swansea Aq	2
41.55	216	H	18/12/15	Swim Wales National Short Course Championships	Swansea	Swansea Aq	2
42.01	209	F	01/10/16	Llanelli Sprint Meet	Llanelli	Swansea Aq	3
42.20	206	H	02/12/16	Swim Wales Short Course Championships	Swansea	Swansea Aq	2
42.87	197	H	05/02/16	Swim Wales West Regional Championships	Haverfordwest	Swansea Aq	2
43.17	193	F	11/09/16	Swansea Aquatics Club Championships	Penlan	Swansea Aq	3
43.17	193	F	11/09/16	Swansea Aquatics Development Series 2017	Penlan	Swansea Aq	3
43.28	191	H	20/11/16	City of Hereford Open Meet	Hereford	Swansea Aq	3
44.19	179	F	17/01/16	Celtic Dolphins Sprint Meet 2016	Neath	Swansea Aq	3
44.28	178	H	11/02/17	Swim Wales West Regional Championships	Haverfordwest		2
44.48	176	F	18/10/15	Swim Swansea Club Championships	Swansea	Swansea Aq	3
44.78	172	F	11/02/17	Swim Wales West Regional Championships	Haverfordwest	Swansea Aq	2
45.14	168	F	05/02/16	Swim Wales West Regional Championships	Haverfordwest	Swansea Aq	2
49.77	125	F	21/03/15	City of Swansea Aquatics Development Series	Penlan	Swansea Aq	3
50.35	121	H	28/02/15	Llanelli Open Meet 2015	Llanelli	Swansea Aq	2
50.97	117	F	17/01/15	Celtic Dolphins Sprint Meet 2015	Neath	Swansea Aq	3
51.39	114	H	06/02/15	SWWR Regional Championships	Haverford West	Swansea Aq	2
56.04	88	F	28/06/14	Swim Swansea 2014 Mini Meet	Swansea	Swansea Aq	4
56.18	87	F	05/10/14	Llanelli Autumn Meet 2014	Llanelli	Swansea Aq	4
56.18	87	F	05/10/14	Llanelli Open Meet 2015	Llanelli	Swansea Aq	2
56.41	86	F	18/10/14	Swim Swansea Club Championships	Penlan	Swansea Aq	4
58.35	78	F	22/03/14	Swim Swansea 2014 Mini Meet	Penlan	Swansea Aq	4
59.35	74	F	01/06/14	Amman Valley Open Meet 2014	Carmarthen	Swansea Aq	4
1:02.07	64	F	12/04/14	West Wales Region NT Gala 2014	Carmarthen	Swansea Aq	4

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42.01	209	F	01/10/16	Llanelli Sprint Meet	Llanelli	Swansea Aq	3
43.17	193	F	11/09/16	Swansea Aquatics Club Championships	Penlan	Swansea Aq	3
43.17	193	F	11/09/16	Swansea Aquatics Development Series 2017	Penlan	Swansea Aq	3
45.14	168	F	05/02/16	Swim Wales West Regional Championships	Haverfordwest	Swansea Aq	2
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59.35	74	F	01/06/14	Amman Valley Open Meet 2014	Carmarthen	Swansea Aq	4
1:02.27	64	F	13/04/14	West Wales Region NT Gala 2014	Carmarthen	Swansea Aq	4
58.35	78	F	22/03/14	Swim Swansea 2014 Mini Meet	Penlan	Swansea Aq	4