

# Individual Best Times (All Time)

Neo Seppman - (1171805) - City of Swansea Aquatics Club - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:36.21	345	F	08/02/20	Swim Wales West Regional Championships	Haverfordwest	Swansea Aq	2
2:36.35	344	F	21/09/19	Swansea Aquatics Club Championships	Penlan	Swansea Aq	3
2:40.43	319	F	29/09/18	Swansea Aquatics Club Championships	Penlan	Swansea Aq	3
2:41.28	314	F	09/02/19	Swim Wales West Regional Championships	Haverfordwest	Swansea Aq	2
2:43.72	300	F	10/03/19	Llanelli Open Meet 2019	Llanelli	Swansea Aq	2
2:44.98	293	F	09/09/17	Swansea Aquatics Club Championships	Penlan	Swansea Aq	3
2:46.76	284	H	02/12/16	Swim Wales Short Course Championships	Swansea	Swansea Aq	2
2:49.07	272	H	19/11/16	City of Hereford Open Meet	Hereford	Swansea Aq	3
2:51.68	260	F	11/02/17	Swim Wales West Regional Championships	Haverfordwest	Swansea Aq	2
2:51.96	259	F	10/09/16	Swansea Aquatics Development Series 2017	Penlan	Swansea Aq	3
2:51.96	259	F	10/09/16	Swansea Aquatics Club Championships	Penlan	Swansea Aq	3
2:52.60	256	F	05/06/16	Amman Valley Open Meet 2016	Carmarthen	Swansea Aq	2
2:55.60	243	H	18/12/15	Swim Wales National Short Course Championships	Swansea	Swansea Aq	2
3:00.77	223	F	28/11/15	Swim Wales West Region Sub Regional Championships	Haverfordwest	Swansea Aq	3
3:03.47	213	F	31/01/16	Swim Wales West Regional Championships	Haverfordwest	Swansea Aq	2
3:20.20	164	F	21/03/15	City of Swansea Aquatics Development Series	Penlan	Swansea Aq	3
3:31.11	140	F	29/11/14	West Wales Sub Regional Competition 2014	Haverfordwest	Swansea Aq	2
3:58.37	97	F	28/06/14	Swim Swansea 2014 Mini Meet	Swansea	Swansea Aq	4

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:36.21	345	F	08/02/20	Swim Wales West Regional Championships	Haverfordwest	Swansea Aq	2
2:36.35	344	F	21/09/19	Swansea Aquatics Club Championships	Penlan	Swansea Aq	3
2:43.72	300	F	10/03/19	Llanelli Open Meet 2019	Llanelli	Swansea Aq	2
2:41.28	314	F	09/02/19	Swim Wales West Regional Championships	Haverfordwest	Swansea Aq	2
2:40.43	319	F	29/09/18	Swansea Aquatics Club Championships	Penlan	Swansea Aq	3

2:44.98	293	F	09/09/17	Swansea Aquatics Club Championships	Penlan	Swansea Aq	3
2:51.68	260	F	11/02/17	Swim Wales West Regional Championships	Haverfordwest	Swansea Aq	2
2:46.76	284	H	02/12/16	Swim Wales Short Course Championships	Swansea	Swansea Aq	2
2:49.07	272	H	19/11/16	City of Hereford Open Meet	Hereford	Swansea Aq	3
2:51.96	259	F	10/09/16	Swansea Aquatics Development Series 2017	Penlan	Swansea Aq	3
2:51.96	259	F	10/09/16	Swansea Aquatics Club Championships	Penlan	Swansea Aq	3
2:52.60	256	F	05/06/16	Amman Valley Open Meet 2016	Carmarthen	Swansea Aq	2
3:03.47	213	F	31/01/16	Swim Wales West Regional Championships	Haverfordwest	Swansea Aq	2
2:55.60	243	H	18/12/15	Swim Wales National Short Course Championships	Swansea	Swansea Aq	2
3:00.77	223	F	28/11/15	Swim Wales West Region Sub Regional Championships	Haverfordwest	Swansea Aq	3
3:20.20	164	F	21/03/15	City of Swansea Aquatics Development Series	Penlan	Swansea Aq	3
3:31.11	140	F	29/11/14	West Wales Sub Regional Competition 2014	Haverfordwest	Swansea Aq	2
3:58.37	97	F	28/06/14	Swim Swansea 2014 Mini Meet	Swansea	Swansea Aq	4