

Individual Best Times (All Time)

Neo Seppman - (1171805) - City of Swansea Aquatics Club - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:13.87	280	F	05/10/19	Llanelli Autumn Meet 2019	Llanelli	Swansea Aq	3
1:15.48	262	F	10/03/19	Llanelli Open Meet 2019	Llanelli	Swansea Aq	2
1:16.47	252	F	29/09/18	Swansea Aquatics Club Championships	Penlan	Swansea Aq	3
1:17.54	242	H	12/03/17	Llanelli Open Meet	Llanelli	Swansea Aq	2
1:18.87	230	H	04/02/17	Swim Wales West Regional Championships	Haverfordwest		2
1:19.52	224	F	04/02/17	Swim Wales West Regional Championships	Haverfordwest	Swansea Aq	2
1:20.31	217	H	19/11/16	City of Hereford Open Meet	Hereford	Swansea Aq	3
1:20.39	217	F	12/03/17	Llanelli Open Meet	Llanelli	Swansea Aq	2
1:21.63	207	F	01/10/16	Llanelli Sprint Meet	Llanelli	Swansea Aq	3
1:23.28	195	F	05/06/16	Amman Valley Open Meet 2016	Carmarthen	Swansea Aq	2
1:24.22	188	H	28/02/16	Llanelli Open Meet 2016	Llanelli		2
1:24.44	187	F	04/02/16	Swim Wales West Regional Championships	Haverfordwest	Swansea Aq	2
1:24.45	187	H	04/02/16	Swim Wales West Regional Championships	Haverfordwest	Swansea Aq	2
1:27.19	170	F	03/10/15	Llanelli Autumn Meet 2015	Llanelli	Swansea Aq	3
1:34.22	134	F	29/11/14	West Wales Sub Regional Competition 2014	Haverfordwest	Swansea Aq	2
1:38.43	118	F	17/10/14	Swim Swansea Club Championships	Penlan	Swansea Aq	4
1:42.12	106	F	05/10/14	Llanelli Autumn Meet 2014	Llanelli	Swansea Aq	4
1:42.12	106	F	05/10/14	Llanelli Open Meet 2015	Llanelli	Swansea Aq	2

Swims in Date Order

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