

Individual Best Times (All Time)

Sophie Bennion - (1168952) - Coalville SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:45.74	530	H	07/04/17	The 2017 Leicester Age Group Meet	Braunstone	Co Leicester	3
4:48.56	515	H	14/01/17	Leicestershire County Championships	Hinckley	Coalville	2
4:48.70	514	F	02/12/16	Swim Wales Short Course Championships	Swansea	Co Leicester	2
4:51.15	501	H	18/11/17	The 2017 Leicester Open Meet	Braunstone	Co Leicester	2
4:53.61	488	H	09/03/18	The 2018 Leicester Age Group Meet	Braunstone	Co Leicester	3
4:59.17	462	H	09/04/16	The 2016 Leicester Age Group Meet	Braunstone	Co Leicester	3
5:02.16	448	H	06/03/16	Worksop Dolphins The 8th Spring Open Meet	Worksop	Coalville	3
5:02.31	447	H	23/01/16	The Leicestershire County Age Groups & Champs	Braunstone	Coalville	2
5:13.08	403	H	06/12/15	Coalville 200m & 400m Distance Time Trials R3	Whitwick	Coalville	4
5:36.10	325	H	12/04/15	The 2015 Leicester Age Group Meet	Leicester		3
6:04.48	255		12/10/14	Coalville 200m & 400m Distance Time Trials	Coalville	Coalville	4
7:23.21	142	H	29/09/13	Coalville SC Distance Trials	Coalville	Coalville	4

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7:23.21

142

H

29/09/13

Coalville SC Distance Trials

Coalville

Coalville

4