

# Individual Best Times (All Time)

Sophie Bennion - (1168952) - Coalville SC - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
28.55	518	H	21/10/18	Nova Centurion October L2 SC Open Meet	Nottingham	Co Leicester	2
28.80	504	H	05/02/17	Leicestershire County Championships	Braunstone	Coalville	2
28.90	499	H	04/11/18	Midland Winter Short Course Championships 2018	Harvey Hadden	Co Leicester	2
28.95	496	F	05/02/17	Leicestershire County Championships	Braunstone	Coalville	2
28.99	494	H	19/11/17	The 2017 Leicester Open Meet	Braunstone	Co Leicester	2
29.08	490	H	10/02/19	Leicestershire County Age Groups & Championships	Braunstone	Coalville	2
29.12	488	F	10/02/19	Leicestershire County Age Groups & Championships	Braunstone	Coalville	2
29.13	487	H	10/03/19	The 2019 Leicester Age Group Meet	Braunstone	Co Leicester	3
29.14	487	H	02/12/18	Swim Wales Short Course Championships	Swansea	Co Leicester	2
29.29	479	H	02/12/16	Swim Wales Short Course Championships	Swansea	Co Leicester	2
29.67	461	H	07/10/17	7th Derventio Excel Short Course Open Meet	Matlock	Co Leicester	3
30.46	426	H	03/10/15	Leicester Penguins 2015 Open Meet	Braunstone		3
30.53	423	H	07/02/16	The Leicestershire County Age Groups & Champs	Braunstone	Coalville	2
30.80	412	F	07/02/16	The Leicestershire County Age Groups & Champs	Braunstone	Coalville	2
30.81	412		07/11/15	Coalville 2015 Annual Club Champonships	Whitwick	Coalville	4
31.24	395	H	06/03/16	Worksop Dolphins The 8th Spring Open Meet	Worksop	Coalville	3
31.44	387	H	20/03/16	Coalville 50m Sprint Gala	Whitwick	Coalville	4
31.77	375	H	05/07/15	Braunstone Sprint Open Meet	Leicester		3
32.44	353	H	22/03/15	Leicestershire County Age Groups & Championships	Leicester		2
32.95	337	H	12/04/15	The 2015 Leicester Age Group Meet	Leicester		3
33.58	318		01/03/15	Coalville 50m Sprint Gala 2015	Whitwick	Coalville	4
34.44	295		22/11/14	Coalville Club Championships	Whitwick	Coalville	4
34.52	293	H	16/11/14	City Of Leicester Winter Short Course Meet	Leicester		2
34.65	289	H	04/10/14	Leicester Penguins Open Meet	Braunstone		3
36.15	255		06/07/14	Braunstone SC Sprint Open Meet	Braunstone	Coalville	3
37.09	236	H	23/08/14	Sheffield City SC 11th Annual Open Sprint Meet	Sheffield		3
38.78	188	H	22/02/14	Coalville 50m Sprint Gala 2014	Coalville	Coalville	4

39.72	192	H	23/03/14	Coalville 50m Sprint Gala 2014	Coalville	Coalville
40.97	175		16/11/13	Coalville Club Championships	Coalville	Coalville

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