Individual Best Times (All Time)

Rayan Robinson - (1168301) - University of Aberdeen Performan - 400 Freestyle - Short Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Leve |
|-----------|--------|-------|----------|--|---------------|-----------------|--------|
| 4:30.89 | 481 | F | 23/11/19 | ND Age Group Meet 2019 | Inverness | Cults Otters | 2 |
| 4:36.46 | 452 | Н | 09/11/19 | North District Open Championships 2019 | Aberdeen | | 2 |
| 4:37.36 | 448 | F | 23/06/19 | ND Development Meet 2019 | Inverness | Cults Otters | 2 |
| 4:37.44 | 447 | F | 26/10/19 | Carnegie Winter Open Meet 2019 | Michael Woods | UoAPS | 2 |
| 4:41.06 | 430 | F | 16/11/19 | NCOX Cults Otters Club Championships | Cults | Cults Otters | 2 |
| 4:42.34 | 424 | F | 03/11/18 | North District Open Championships 2018 | Aberdeen | UoAPS | 2 |
| 4:46.55 | 406 | F | 07/10/18 | ND Distance Meet | Fraserburgh | Cults Otters | 2 |
| 4:48.54 | 398 | F | 24/06/18 | ND Development Meet 2018 | Inverness | Cults Otters | 2 |
| 4:52.05 | 383 | F | 24/11/18 | ND Age Group Meet 2018 | Inverness | Cults Otters | 2 |
| 4:55.30 | 371 | F | 09/09/18 | Cults Challenge Trophy | Aberdeen | Cults Otters | 2 |
| 4:56.24 | 367 | F | 17/11/18 | Cults Otters Club Championships 2018 | Cults | Cults Otters | 2 |
| 5:04.97 | 337 | F | 11/03/18 | Aberdeen Development Series R2 2018 | Aberdeen | Cults Otters | 2 |
| 5:07.36 | 329 | F | 21/01/18 | Carnegie Graded Meet | Dunfermline | Cults Otters | 2 |
| 5:12.80 | 312 | F | 08/10/17 | SASA ND Meet | Fraserburgh | Cults Otters | 2 |
| 5:14.53 | 307 | F | 25/11/17 | ND Age Group Meet 2017 | Inverness | Cults Otters | 2 |
| 5:15.12 | 305 | F | 24/06/17 | ND Development Meet 2017 | Inverness | Cults Otters | 2 |
| 5:17.50 | 298 | F | 18/11/17 | Cults Club Championships 2017 | Aberdeen | Cults Otters | 2 |
| 5:24.22 | 280 | F | 19/03/17 | Aberdeen Development Series Round 2 | Aberdeen | Cults Otters | 2 |
| 5:28.18 | 270 | F | 10/09/17 | Cults Otters ASC Challenge Trophy 2017 | Aberdeen | Cults Otters | 2 |
| 5:35.94 | 252 | F | 26/11/16 | North District Age Group Meet 2016 | Inverness | Cults Otters | 2 |
| 5:38.96 | 245 | F | 02/10/16 | ND Distance Meet | Fraserburgh | Cults Otters | 2 |
| 5:42.16 | 238 | F | 22/01/17 | Carnegie Graded Meet | Dunfermline | Cults Otters | 2 |
| 5:44.16 | 234 | F | 11/09/16 | Cults Otters Challenge Trophy 2016 | Aberdeen | Cults Otters | 2 |
| 5:44.41 | 234 | F | 25/06/16 | North District Development Meets | Inverness | Cults Otters | 2 |
| 5:47.16 | 228 | F | 19/11/16 | Cults Otters Club Championships | Aberdeen | Cults Otters | 2 |
| 5:51.96 | 219 | F | 28/11/15 | Cult Otters Club Championships | Aberdeen | Cults Otters | 2 |
| right 202 | 4 | Е | 00/06/15 | CACA North District Davidsonnant Most 201E | Inversee | Powered By SPOR | TSYSTF |

| Page 2 / 2 | | | | | | | |
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| Page 272 | Guits Otters | iliverness | SASA INUITII DISTRICT DEVELOPITIENT INIEEL 2013 | ZU/U0/13 | Г | C1 2 | ე.ე4.∠0 |
| 1 | Cults Otters | Fraserburgh | North District Distance Meet | 04/10/15 | F | 209 | 5:57.25 |
| 2 | Cults Otters | Aberdeen | COAST Development Round 2 | 17/04/16 | F | 193 | 6:06.79 |
| 2 | Cults Otters | Aberdeen | Cults Otters Challenge Trophy | 06/09/15 | F | 191 | 6:08.44 |
| 2 | Cults Otters | Aberdeen | COAST Development Meet Round 2 | 19/04/15 | F | 157 | 6:33.38 |

Swims in Date Order

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|---------|-----------|-------|----------|---|---------------|------------------|-------|
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| 5:57.25 | 209 | F | 04/10/15 | North District Distance Meet | Fraserburgh | Cults Otters | 1 |
| 6:08.44 | 191 | F | 06/09/15 | Cults Otters Challenge Trophy | Aberdeen | Cults Otters | 2 |
| 5:54.28 | 215 | F | 20/06/15 | SASA North District Development Meet 2015 | Inverness | Cults Otters | 1 |
| 6:33.38 | 157 | F | 19/04/15 | COAST Development Meet Round 2 | Aberdeen | Cults Otters | 2 |
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