

Individual Best Times (All Time)

Jamie Cook - (1168209) - Hornchurch SC - 100 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:11.96	241	H	01/12/13	Thurrock County Qualfier	Thurrock	Killerwhales	3
1:12.28	238	H	11/01/14	Killerwhales last Chance County Qualifier	Grays	Killerwhales	3
1:13.24	229		15/12/13	Borough of Waltham Forest B Grade Meet	Waltham	Killerwhales	3
1:13.26	229	F	04/01/14	London Bo Redbridge Winter Meet	Barkingside	Killerwhales	3
1:14.31	219	F	02/11/13	Erith & District SC Fireworks Weekend Open	Bexleyheath	Killerwhales	3

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