

Individual Best Times (All Time)

Jamie Cook - (1168209) - Hornchurch SC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:52.34	257	H	04/05/14	Black Lion SC L3 Spring Open Meet 2014	Gillingham	Killerwhales	3
2:56.36	240	H	11/01/14	Killerwhales last Chance County Qualifier	Grays	Killerwhales	3
3:03.02	214	F	04/01/14	London Bo Redbridge Winter Meet	Barkingside	Killerwhales	3
3:03.68	212	H	30/11/13	Thurrock County Qualfier	Thurrock	Killerwhales	3

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