

# Individual Best Times (All Time)

James Jennings - (1168124) - Copeland ASC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:39.43	290	H	23/09/23	Workington 14th Presidents Gala 2023	Workington	Copeland	3
2:41.41	280	H	12/01/19	2019 Cumbria County Championships and Age Groups	Workington	Copeland	2
2:42.90	272	H	23/09/18	Workington ASC 9th Presidents Open Meet	Workington	Copeland	3
2:48.78	245	H	23/09/17	8th Presidents Open Meet	Workington	Copeland	3
2:51.18	234	H	02/09/18	Copeland ASC Club Championships	Copeland	Copeland	4
2:51.34	234	H	09/07/17	Copeland Club Championships	Copeland	Copeland	4
3:10.26	171	H	06/10/16	Copeland Club Championships	Whitehaven	Copeland	4

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