

# Individual Best Times (All Time)

James Jennings - (1168124) - Copeland ASC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:13.39	285	H	24/09/23	Workington 14th Presidents Gala 2023	Workington	Copeland	3
1:14.07	277	H	08/06/19	24th Copeland Graded Gala	Whitehaven	Copeland	3
1:14.30	275	H	27/11/22	City of Cambridge SC Club Championships 2022	Parkside Pool	Co Cambridge	4
1:14.75	270	H	12/01/19	2019 Cumbria County Championships and Age Groups	Workington	Copeland	2
1:15.20	265	H	28/11/21	Copeland ASC Club Champs 21	Copeland	Copeland	4
1:15.93	257	H	18/11/18	COPELAND ASC CLUB CHAMPIONSHIP	WHITEHAVEN	Copeland	4
1:16.62	250	H	19/11/17	Copeland ASC Club Championships	Copeland	Copeland	4
1:16.69	250	H	08/07/18	Copeland ASC Club Championships	Copeland	Copeland	4
1:16.72	249	H	09/07/17	Copeland Club Championships	Copeland	Copeland	4
1:17.65	241	H	09/06/18	23rd Copeland Graded Gala	Whitehaven	Copeland	3
1:23.24	195	H	10/06/17	Copeland ASC 2017 Graded Gala	Whitehaven	Copeland	3
1:25.76	178	H	19/11/16	Copeland Club Championships	Whitehaven	Copeland	4
1:30.72	151	H	11/06/16	2016 Copeland Graded Gala	Whitehaven	Copeland	3
1:38.21	119	H	01/11/15	Copeland Club Championships	Copeland		4

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