Individual Best Times (All Time)

Ruaridh Stephen - (1167757) - Warrender Baths Club - 200 Backstroke - Short Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|-------------------------------------|-------------|-----------------|-------|
| 2:49.52 | 241 | F | 08/10/16 | Hearts Premier Age Groups Meet | Prestonpans | Warrender Ba | 2 |
| 2:49.86 | 240 | Н | 14/01/17 | East District Age Groups Round 2 | Edinburgh | Warrender Ba | 1 |
| 2:57.18 | 211 | F | 25/06/16 | Aquanauts Livingston Meet | Livingston | Warrender Ba | 2 |
| 3:10.33 | 170 | F | 20/09/15 | WBC Club Championships 2015 Weekend | Glenrothes | Warrender Ba | 2 |
| 3:21.28 | 144 | F | 14/02/15 | SASA East District Challenge | Bathgate | Warrender Ba | 1 |
| 3:27.77 | 131 | F | 21/09/14 | Warrender 200's Championships | Edinburgh | Warrender Ba | 2 |

Swims in Date Order

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