

Individual Best Times (All Time)

Serenity Bowen - (1161774) - Wolverhampton SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:10.41	413	H	02/02/20	Shropshire County Championships 2020	Wolverhampton	Wrekin SC	2
5:27.55	352	H	27/11/21	Wolverhampton SC 2021 Winter Open Meet	Wolverhampton	Wolv'hampton	3
5:45.24	300	H	26/01/19	Shropshire ASA County Championships	Wolverhampton	Northgate	2
5:56.91	272	H	24/11/18	Northgate PB Buster	Wolverhampton	Northgate	3
6:18.24	228	H	22/09/18	Northgate Annual Championships	Much Wenlock	Northgate	4
6:27.07	213	H	13/01/18	Shropshire County Championships 2018	Wolverhampton	Northgate	2
6:27.91	211	H	16/09/17	Northgate Annual Championships	Much Wenlock	Northgate	4
6:33.99	202	H	25/11/17	Northgate P B Buster	Wolverhampton	Northgate	3

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