Individual Best Times (All Time)

Adam Arafa - (1155369) - Camden Swiss Cottage SC - 50 Freestyle - Short Course

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|------------------------------------|--------|-----------------|-------|
| 38.82 | 140 | | 26/01/14 | Barnet Coptall Winter Sprints Meet | Hendon | Camden Swiss | 3 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|------------------------------------|--------|-----------------|-------|
| 38.82 | 140 | | 26/01/14 | Barnet Coptall Winter Sprints Meet | Hendon | Camden Swiss | 3 |