

# Individual Best Times (All Time)

Lucy Cape - (1154770) - Harrogate District SC - 100 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:09.49	378	H	07/01/17	Harrogate Janus A & B Grade Meet	Harrogate	Harrogate	3
1:09.86	372	H	14/05/17	Wear Valley May Level 3 Meet	Bishop Auckland	Harrogate	3
1:10.24	366	H	12/06/16	Harrogate Summer Meet	Harrogate	Harrogate	3
1:11.92	341	H	11/12/16	Middlesbrough Christmas Meet	Middlesbrough	Harrogate	3
1:13.10	324	H	11/10/15	Yorkshire Winter Competition	Sheffield		2
1:13.27	322	H	09/01/16	Harrogate District Janus Meet	Harrogate	Harrogate	3
1:15.69	292	H	25/10/15	Middlesbrough Halloween Open Meet	Middlesbrough		2
1:16.18	287	H	25/04/15	Harrogate District Spa Town Meet	Harrogate		3
1:22.10	229	H	12/10/14	Darlington Danders October Meet	Darlington		3
1:25.81	200	H	09/02/14	Middlesbrough ASC AA Grade 2014	Middlesbrough	Harrogate	3

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