Individual Best Times (All Time)

James Shackleton - (1154767) - Skipton Swimming Club - 200 Backstroke - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:45.84	102	H	30/09/13	Harrogate District Club Championships	Harrogate	Harrogate	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:45.84	102	H	30/09/13	Harrogate District Club Championships	Harrogate	Harrogate	4