

Individual Best Times (All Time)

Alexa Atkinson - (1153649) - Cockermouth SC - 100 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:10.70	510	H	25/09/22	Workington 13th Presidents Gala	Workington	Workington	3
1:10.93	505	H	29/06/21	Workington	Workington	Workington	0
1:10.94	505	H	26/09/21	12th Presidents Gala	Workington	Workington	3
1:11.44	494	H	22/01/22	2022 Cumbria County Championships and Age Groups	Workington	Workington	2
1:12.64	470	H	21/01/23	Cumbria County Championships & Age Groups 2023	Workington	Cockermouth	2
1:12.72	469	H	13/11/22	Workington SC Club Championships 2022	Workington	Workington	4
1:12.89	465	F	22/01/22	2022 Cumbria County Championships and Age Groups	Workington	Workington	2
1:14.50	436	H	22/09/19	Workington ASC 10th Presidents Open Meet	Cumbria	Workington	3
1:14.67	433	H	24/11/19	Allerdale Club Championships 2019	Workington	Workington	3
1:15.34	421	H	12/01/19	2019 Cumbria County Championships and Age Groups	Workington	Workington	2
1:15.55	418	H	06/10/19	Carlisle Aquatics October Swimfest	Carlisle	Workington	3
1:16.17	408	H	04/11/20	Workington SC	Workington LC	Workington	0
1:18.56	372	H	16/12/18	Workington & Cockermouth Allerdale Club Champs	Workington	Workington	3
1:18.62	371	H	23/09/18	Workington ASC 9th Presidents Open Meet	Workington	Workington	3
1:19.43	360	H	06/10/18	Carlisle Aquatics October Swimfest	Carlisle	Workington	3
1:19.62	357	H	09/06/18	23rd Copeland Graded Gala	Whitehaven	Workington	3
1:20.08	351	H	25/11/17	Allerdale Gala 2017	Workington	Workington	3
1:20.96	340	H	27/01/18	2018 Cumbrian County Championships & Age Groups	Carlisle	Workington	2
1:23.36	311	H	10/06/17	Copeland ASC 2017 Graded Gala	Whitehaven	Workington	3
1:24.21	302	H	24/09/17	8th Presidents Open Meet	Workington	Workington	3
1:24.85	295	H	11/03/17	23rd Bill & Monica Griffin Gala	Whitehaven	Workington	3
1:28.13	263	H	28/01/17	Cumbria Age Groups & County Championships	Workington	Workington	2
1:28.44	260	H	16/10/16	The Allerdale Gala 2016	Workington	Workington	3
1:30.27	245	H	26/11/16	Carlisle Aquatics 2016 Sprints & Medley Open Meet	Carlisle	Workington	3
1:31.46	235	H	25/09/16	Workington 7th Presidents Open Meet	Workington	Workington	3
1:33.81	218	H	16/04/16	2016 Griffin Gala	Whitehaven	Workington	3
1:35.05	210	H	02/07/16	Kendal Mist Open Gala	Kendal	Workington	2

1:33.03	210	H	02/07/16	Kendal Mint Open Gala	Kendal	Workington	
1:36.76	199	H	03/04/16	City of Stoke on Trent Y2K 2016	Stoke	Workington	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:12.64	470	H	21/01/23	Cumbria County Championships & Age Groups 2023	Workington	Cockermouth	2
1:12.72	469	H	13/11/22	Workington SC Club Championships 2022	Workington	Workington	4
1:10.70	510	H	25/09/22	Workington 13th Presidents Gala	Workington	Workington	3
1:12.89	465	F	22/01/22	2022 Cumbria County Championships and Age Groups	Workington	Workington	2
1:11.44	494	H	22/01/22	2022 Cumbria County Championships and Age Groups	Workington	Workington	2
1:10.94	505	H	26/09/21	12th Presidents Gala	Workington	Workington	3
1:10.93	505	H	29/06/21	Workington	Workington	Workington	0
1:16.17	408	H	04/11/20	Workington SC	Workington LC	Workington	0
1:14.67	433	H	24/11/19	Allerdale Club Championships 2019	Workington	Workington	3
1:15.55	418	H	06/10/19	Carlisle Aquatics October Swimfest	Carlisle	Workington	3
1:14.50	436	H	22/09/19	Workington ASC 10th Presidents Open Meet	Cumbria	Workington	3
1:15.34	421	H	12/01/19	2019 Cumbria County Championships and Age Groups	Workington	Workington	2
1:18.56	372	H	16/12/18	Workington & Cockermouth Allerdale Club Champs	Workington	Workington	3
1:19.43	360	H	06/10/18	Carlisle Aquatics October Swimfest	Carlisle	Workington	3
1:18.62	371	H	23/09/18	Workington ASC 9th Presidents Open Meet	Workington	Workington	3
1:19.62	357	H	09/06/18	23rd Copeland Graded Gala	Whitehaven	Workington	3
1:20.96	340	H	27/01/18	2018 Cumbrian County Championships & Age Groups	Carlisle	Workington	2
1:20.08	351	H	25/11/17	Allerdale Gala 2017	Workington	Workington	3
1:24.21	302	H	24/09/17	8th Presidents Open Meet	Workington	Workington	3
1:23.36	311	H	10/06/17	Copeland ASC 2017 Graded Gala	Whitehaven	Workington	3
1:24.85	295	H	11/03/17	23rd Bill & Monica Griffin Gala	Whitehaven	Workington	3
1:28.13	263	H	28/01/17	Cumbria Age Groups & County Championships	Workington	Workington	2
1:30.27	245	H	26/11/16	Carlisle Aquatics 2016 Sprints & Medley Open Meet	Carlisle	Workington	3
1:28.44	260	H	16/10/16	The Allerdale Gala 2016	Workington	Workington	3
1:31.46	235	H	25/09/16	Workington 7th Presidents Open Meet	Workington	Workington	3
1:35.05	210	H	02/07/16	Kendal Mint Open Gala	Kendal	Workington	3
1:33.81	218	H	16/04/16	2016 Griffin Gala	Whitehaven	Workington	3
1:36.76	199	H	03/04/16	City of Stoke on Trent Y2K 2016	Stoke	Workington	3