

Individual Best Times (All Time)

Henry Maw - (1151432) - Southport SC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:42.89	571	H	09/11/21	Southport SC Club Championships	Dunes LC	Southport	4
4:48.28	540	H	17/11/19	Wigan BEST Future Stars Open Meet	Wigan Life Centre	Southport	2
4:49.69	532	H	20/11/18	Southport Club Championships 2018	DUNES	Southport	4
6:09.48	256	H	17/11/15	Southport SC Club Championships	Southport		4

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