

# Individual Best Times (All Time)

Emily Wilford - (1146123) - Northallerton SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
38.76	276	H	10/12/17	Middlesbrough Christmas 2017 Meet	The Neptune Centre	RichmondDale	3
39.41	263	H	15/07/17	Richmond Dales Summer Madness Gala	Leeds	RichmondDale	3
39.42	262	H	11/01/18	Richmond Dales Winter Club Gala	Richmond	RichmondDale	4
39.83	254	H	12/02/17	Middlesbrough ASC AA Grade 2017 Gala	Middlesbrough	RichmondDale	3
40.20	247	H	18/03/17	Richmond Dales Off the Blocks Gala	Billingham	RichmondDale	4
40.61	240	H	11/09/21	NASC Time Trials	Bedale LC	Northall'ton	4
41.24	229	H	12/01/17	Richmond Dales Winter Club Gala	Richmond	RichmondDale	4
42.41	211	H	18/09/16	Richmond Dales Back to School Gala	Durham	RichmondDale	3
42.48	210	H	14/01/17	Newcastle Swim Team County Qualifier Meet	South Shields	RichmondDale	3
42.83	204	H	04/11/20	Northallerton SC	Northallerton LC	Northall'ton	0
43.41	196	H	19/03/16	Richmond Dales off the Blocks Gala	Billingham	RichmondDale	4
43.58	194	H	31/01/16	Richmond Dales Winter Club Gala	Richmond	RichmondDale	4
43.61	194	H	22/05/16	Northallerton Invitational SC Sprints Meet	Eston	RichmondDale	4
44.26	185	H	20/09/15	Richmond Dales Open Meet	Durham		3
44.27	185	H	25/02/16	Richmond Dales Winter Club Gala	Richmond	RichmondDale	4
44.66	180	H	21/02/16	Middlesbrough AA Grade 2016 Gala	Middlesbrough	RichmondDale	3
44.78	179	H	09/01/16	Peterlee & Derwntside New Year Meet	Stanley	RichmondDale	3
45.39	172	H	17/10/15	South Tyneside SC Autumn Meet	South Shields		3
47.92	146	F	21/09/14	Richmond Dales ASC Open Meet	Durham	RichmondDale	3
48.38	142	H	29/03/15	Richmond Dales ASC Developmental Meet	Billingham		3
48.70	139	F	25/10/14	Chester le Street Junior Meet	Chester-le-Street		3
49.56	132	H	11/12/14	Richmond Dales Club Championships	Richmond		4
50.29	126	H	25/10/14	Chester le Street Junior Meet	Chester-le-Street		3
53.22	106	H	16/10/14	Richmond Dales Time Trials	Richmond		4
54.25	100	H	05/12/13	Richmond Dales ASC Club Championships	Richmond	RichmondDale	4
57.18	86	F	10/05/14	Tynemouth ASC Open Sprints & Teams	Tynemouth	RichmondDale	3

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