

Individual Best Times (All Time)

Freya Ovenstone - (1146121) - Richmond Dales ASC - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:22.98	424	H	03/11/18	Swim England North East Region Championships (25)	Sheffield	RichmondDale	2
1:22.99	424	H	30/09/18	Richmond Dales Back to School Gala	Middlesborough	RichmondDale	2
1:23.21	420	H	02/11/19	North East Region Open Championships (25m)	Sheffield	RichmondDale	2
1:23.50	416	H	15/06/19	Middlesbrough 2019 June Meet Gala	The Neptune Centre	RichmondDale	3
1:24.20	406	H	16/06/18	Middlesbrough June 2018 Meet	The Neptune Centre	RichmondDale	3
1:24.44	402	H	07/04/18	Gaw Spring Meet	Dunston	RichmondDale	3
1:24.47	402	H	08/12/18	Middlesbrough Christmas 2018 Gala	The Neptune Centre	RichmondDale	3
1:24.62	400	H	12/05/18	Wear Valley May L3 Meet	Bishop Auckland	RichmondDale	3
1:25.59	386	H	15/07/17	Richmond Dales Summer Madness Gala	Leeds	RichmondDale	3
1:26.62	373	H	07/12/19	Middlesbrough Christmas 2019 Meet	Middlesbrough	RichmondDale	3
1:26.72	371	H	03/01/19	RICHMOND DALES WINTER CLUB GALA	RICHMOND	RichmondDale	4
1:27.52	361	H	09/12/17	Middlesbrough Christmas 2017 Meet	The Neptune Centre	RichmondDale	3
1:28.47	350	H	04/01/18	Richmond Dales Winter Club Gala	Richmond	RichmondDale	4
1:29.50	338	H	12/11/16	Borough of Stockton SS Winter Swimming Challenge	Billingham	RichmondDale	4
1:30.27	329	H	18/09/16	Richmond Dales Back to School Gala	Durham	RichmondDale	3
1:30.33	329	H	14/01/17	Newcastle Swim Team County Qualifier Meet	South Shields	RichmondDale	3
1:30.52	326	H	17/09/17	Richmond Dales Back to School Gala	Middlesbrough	RichmondDale	3
1:31.57	315	H	14/10/17	BOSSS Winter Swim Festival 2017	Billingham	RichmondDale	2
1:32.98	301	H	05/01/17	Richmond Dales Winter Club Gala	Richmond	RichmondDale	4
1:35.05	282	H	19/03/16	Richmond Dales off the Blocks Gala	Billingham	RichmondDale	4
1:38.37	254	H	14/01/16	Richmond Dales Winter Club Gala	Richmond	RichmondDale	4
1:40.53	238	H	20/09/15	Richmond Dales Open Meet	Durham		3
1:41.79	229	H	30/01/16	Richmond Dales Winter Club Gala	Richmond	RichmondDale	4
1:43.91	216	H	16/05/15	Wear Valley May Level 3 Meet	Bishop Auckland		3
1:46.30	201	H	06/06/15	Derwentside 6th Annual Charity Meet 2015	Stanley		3
1:50.80	178	H	11/01/15	P & D Last Chance County Qualifier	Stanley		3

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