

# Individual Best Times (All Time)

Freya Ovenstone - (1146121) - Richmond Dales ASC - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:19.64	492	H	15/06/19	Middlesbrough 2019 June Meet Gala	The Neptune Centre	RichmondDale	3
2:19.99	489	H	16/06/18	Middlesbrough June 2018 Meet	The Neptune Centre	RichmondDale	3
2:21.79	470	H	07/04/18	Gaw Spring Meet	Dunston	RichmondDale	3
2:21.79	470	H	08/12/18	Middlesbrough Christmas 2018 Gala	The Neptune Centre	RichmondDale	3
2:23.10	458	H	13/10/18	BOSSS Winter Swim Festival 2018	Billingham	RichmondDale	2
2:23.39	455	H	07/12/19	Middlesbrough Christmas 2019 Meet	Middlesbrough	RichmondDale	3
2:24.31	446	H	15/07/17	Richmond Dales Summer Madness Gala	Leeds	RichmondDale	3
2:24.97	440	H	29/09/18	Richmond Dales Back to School Gala	Middlesborough	RichmondDale	2
2:26.08	430	H	12/05/18	Wear Valley May L3 Meet	Bishop Auckland	RichmondDale	3
2:27.28	420	H	03/01/19	RICHMOND DALES WINTER CLUB GALA	RICHMOND	RichmondDale	4
2:28.32	411	H	04/01/18	Richmond Dales Winter Club Gala	Richmond	RichmondDale	4
2:29.15	404	H	11/11/17	Wear Valley November L3 Meet	Bishop Auckland	RichmondDale	3
2:30.31	395	H	16/09/17	Richmond Dales Back to School Gala	Middlesbrough	RichmondDale	3
2:30.48	393	H	14/01/17	Newcastle Swim Team County Qualifier Meet	South Shields	RichmondDale	3
2:31.53	385	H	14/04/16	Richmond Dales Winter Club Gala	Richmond	RichmondDale	4
2:32.03	381	H	31/01/16	Richmond Dales Winter Club Gala	Richmond	RichmondDale	4
2:32.60	377	H	05/01/17	Richmond Dales Winter Club Gala	Richmond	RichmondDale	4
2:33.12	373	H	14/01/16	Richmond Dales Winter Club Gala	Richmond	RichmondDale	4
2:36.66	349	H	12/11/16	Borough of Stockton SS Winter Swimming Challenge	Billingham	RichmondDale	4
2:38.33	338	H	20/02/16	Middlesbrough AA Grade 2016 Gala	Middlesbrough	RichmondDale	3
2:38.68	335	H	10/12/16	Middlesbrough Christmas Meet	Middlesbrough	RichmondDale	3
2:40.89	322	H	09/01/16	Peterlee & Derwntside New Year Meet	Stanley	RichmondDale	3
2:43.01	309	H	07/11/15	Wear Valley Guy Fawkes Level 3 Meet	Bishop Auckland		3
2:46.22	292	H	19/09/15	Richmond Dales Open Meet	Durham		3
2:48.27	281	H	17/10/15	South Tyneside SC Autumn Meet	South Shields		3
2:51.52	266	H	19/04/15	South Tyneside ASC Spring Meet	South Shields		3
2:56.50	244	H	06/06/15	Derwntside 6th Annual Charity Meet 2015	Stanley		3

2:35.50	244	H	06/06/15	Derwentside 6th Annual Charity Meet 2015	Stanley		
3:30.79	143	F	20/09/14	Richmond Dales ASC Open Meet	Durham	RichmondDale	3

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