

Individual Best Times (All Time)

Freya Ovenstone - (1146121) - Richmond Dales ASC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:33.61	467	H	15/06/19	Middlesbrough 2019 June Meet Gala	The Neptune Centre	RichmondDale	3
5:52.38	396	H	08/12/17	Middlesbrough Christmas 2017 Meet	The Neptune Centre	RichmondDale	3
6:00.69	369	H	17/06/17	Middlesbrough 2017 Open Meet Gala	Middlesbrough	RichmondDale	3

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