

# Individual Best Times (All Time)

Freya Ovenstone - (1146121) - Richmond Dales ASC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:13.94	409	H	07/04/18	Gaw Spring Meet	Dunston	RichmondDale	3
1:14.66	397	H	09/12/17	Middlesbrough Christmas 2017 Meet	The Neptune Centre	RichmondDale	3
1:15.36	386	H	16/06/18	Middlesbrough June 2018 Meet	The Neptune Centre	RichmondDale	3
1:15.55	383	H	14/10/18	BOSSS Winter Swim Festival 2018	Billingham	RichmondDale	2
1:16.78	365	H	15/07/17	Richmond Dales Summer Madness Gala	Leeds	RichmondDale	3
1:16.97	362	H	16/09/17	Richmond Dales Back to School Gala	Middlesbrough	RichmondDale	3
1:17.73	352	H	14/05/17	Wear Valley May Level 3 Meet	Bishop Auckland	RichmondDale	3
1:18.60	340	H	17/06/17	Middlesbrough 2017 Open Meet Gala	Middlesbrough	RichmondDale	3
1:19.56	328	H	04/01/18	Richmond Dales Winter Club Gala	Richmond	RichmondDale	4
1:19.57	328	H	03/01/19	RICHMOND DALES WINTER CLUB GALA	RICHMOND	RichmondDale	4
1:19.84	324	H	10/12/16	Middlesbrough Christmas Meet	Middlesbrough	RichmondDale	3
1:22.06	299	H	05/01/17	Richmond Dales Winter Club Gala	Richmond	RichmondDale	4
1:22.19	297	H	13/11/16	Borough of Stockton SS Winter Swimming Challenge	Billingham	RichmondDale	4
1:27.92	243	H	08/11/15	Wear Valley Guy Fawkes Level 3 Meet	Bishop Auckland		3
1:29.53	230	H	30/01/16	Richmond Dales Winter Club Gala	Richmond	RichmondDale	4
1:32.80	206	H	19/09/15	Richmond Dales Open Meet	Durham		3
1:36.52	183	H	07/06/15	Derwentside 6th Annual Charity Meet 2015	Stanley		3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:19.57	328	H	03/01/19	RICHMOND DALES WINTER CLUB GALA	RICHMOND	RichmondDale	4
1:15.55	383	H	14/10/18	BOSSS Winter Swim Festival 2018	Billingham	RichmondDale	2
1:15.36	386	H	16/06/18	Middlesbrough June 2018 Meet	The Neptune Centre	RichmondDale	3
1:13.94	409	H	07/04/18	Gaw Spring Meet	Dunston	RichmondDale	3
1:19.56	328	H	04/01/18	Richmond Dales Winter Club Gala	Richmond	RichmondDale	4
1:14.66	397	H	09/12/17	Middlesbrough Christmas 2017 Meet	The Neptune Centre	RichmondDale	3

1:16.97	362	H	16/09/17	Richmond Dales Back to School Gala	Middlesbrough	RichmondDale	3
1:16.78	365	H	15/07/17	Richmond Dales Summer Madness Gala	Leeds	RichmondDale	3
1:18.60	340	H	17/06/17	Middlesbrough 2017 Open Meet Gala	Middlesbrough	RichmondDale	3
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