

Individual Best Times (All Time)

Jessica Spooner - (1145267) - Deepings SC - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:14.59	550	H	21/01/17	Lincolnshire County Championships 2017	Grantham	Deepings	2
2:14.96	546	H	20/01/18	Lincolnshire County Championships 2018	Grantham	Deepings	2
2:16.24	530	H	14/07/18	Chesterfield Summer Splash	Matlock	Deepings	3
2:18.05	510	H	01/10/17	Rob Welbourn Open Meet 2017	Deeping	Deepings	3
2:20.47	484	H	22/10/16	Lincoln Vulcans L2 Short Course Open Meet	Sheffield	Deepings	2
2:20.71	481	H	25/06/17	Deeping Club Championships	Deeping	Deepings	4
2:21.35	475	H	26/03/16	Thirty Third City of Derby Licensed SC Open Meet	Derby	Deepings	3
2:21.91	469	H	10/04/16	The 2016 Leicester Age Group Meet	Braunstone	Deepings	3
2:28.38	410	H	23/01/16	Lincolnshire County Championships 2016	Grantham	Deepings	2
2:29.28	403	H	02/10/16	Rob Welbourn Open Meet 2016	Deeping	Deepings	3
2:30.48	393	H	19/07/15	Deeping Club Championships	Peterborough		4
2:31.23	388	H	17/07/16	Deepings Club Championships 2016	Deeping	Deepings	4
2:33.45	371	H	04/10/15	Rob Welbourn Open Meet 2015	Peterborough		3
2:33.72	369	H	28/06/15	Lincoln Vulcans Grantham L3 Open Meet	Grantham		3
2:34.51	363	H	17/10/15	Lincoln Vulcans Level 2 Open Meet	Sheffield		2
2:35.53	356	H	20/01/19	Lincolnshire County Championships 2019	Grantham	Deepings	2
2:47.70	284	H	23/11/14	Deepings Club Championships	Deepings		4
2:49.70	274	H	05/10/14	Rob Welbourn Open Meet	Deeping		3

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