## **Individual Best Times (All Time)**

Jessica Spooner - (1145267) - Deepings SC - 200 Individual Medley - Short Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:40.38	438	Н	04/02/17	Lincolnshire County Championships 2017	Louth	Deepings	2
2:44.75	404	Н	18/06/17	Deeping Club Championships	Deeping	Deepings	4
2:46.06	395	Н	19/11/16	Boston Club 12th Open Meet	Grantham	Deepings	3
2:49.00	374	Н	16/07/16	Deepings Club Championships 2016	Deeping	Deepings	4
3:02.33	298	Н	04/10/15	Rob Welbourn Open Meet 2015	Peterborough		3
3:05.02	285	Н	18/07/15	Deepings Club Championships	Peterborough		4
3:05.76	282	Н	28/06/15	Lincoln Vulcans Grantham L3 Open Meet	Grantham		3
3:14.40	246	Н	10/04/15	The 2015 Leicester Age Group Meet	Leicester		3
3:24.75	210	Н	22/11/14	Deepings Club Championships	Deepings		4
3:26.24	206	Н	05/10/14	Rob Welbourn Open Meet	Deeping		3

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