

Individual Best Times (All Time)

Jessica Spooner - (1145267) - Deepings SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
32.87	453	F	20/01/18	Lincolnshire County Championships 2018	Grantham	Deepings	2
33.13	442	H	18/11/17	Boston ASC 13th Open Meet	Grantham	Deepings	3
33.24	438	H	16/12/17	Northampton Winter Festival	Rugby	Deepings	3
33.35	434	F	21/01/17	Lincolnshire County Championships 2017	Grantham	Deepings	2
33.36	433	H	20/01/18	Lincolnshire County Championships 2018	Grantham	Deepings	2
33.43	430	H	21/01/17	Lincolnshire County Championships 2017	Grantham	Deepings	2
33.53	427	H	18/06/17	Deeping Club Championships	Deeping	Deepings	4
33.56	425	H	30/09/17	Rob Welbourn Open Meet 2017	Deeping	Deepings	3
33.62	423	H	24/11/18	Boston ASC 14th Open Meet	Grantham	Deepings	3
34.20	402	H	01/10/16	Rob Welbourn Open Meet 2016	Deeping	Deepings	3
34.39	395	H	20/01/19	Lincolnshire County Championships 2019	Grantham	Deepings	2
34.49	392	H	19/11/16	Boston Club 12th Open Meet	Grantham	Deepings	3
34.53	391	H	09/04/16	The 2016 Leicester Age Group Meet	Braunstone	Deepings	3
35.20	369	H	26/03/16	Thirty Third City of Derby Licensed SC Open Meet	Derby	Deepings	3
35.34	364	H	22/04/18	Deepings Club Championships 2018	Deepings LC	Deepings	4
35.57	357	H	17/07/16	Deepings Club Championships 2016	Deeping	Deepings	4
35.92	347	H	23/01/16	Lincolnshire County Championships 2016	Grantham	Deepings	2
37.73	299	H	22/11/15	Boston ASC Club 11th Open Meet	Grantham		3
37.83	297	H	28/06/15	Lincoln Vulcans Grantham L3 Open Meet	Grantham		3
39.66	258	H	10/04/15	The 2015 Leicester Age Group Meet	Leicester		3
40.40	244	H	19/07/15	Deeping Club Championships	Peterborough		4
40.56	241	H	23/11/14	Deepings Club Championships	Deepings		4
40.69	238	H	08/03/14	Lincolnshire 63rd Annual County Champs	Louth	Deepings	2
40.69	238	H	08/03/14	63rd Annual Lincolnshire County Champs	Louth	Deepings	2
41.68	222	H	04/10/14	Rob Welbourn Open Meet	Deeping		3

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