

Individual Best Times (All Time)

Jessica Spooner - (1145267) - Deepings SC - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.04	492	F	04/02/17	Lincolnshire County Championships 2017	Louth	Deepings	2
29.28	480	H	15/07/18	Chesterfield Summer Splash	Matlock	Deepings	3
29.47	471	H	04/02/17	Lincolnshire County Championships 2017	Louth	Deepings	2
30.10	442	H	25/06/17	Deeping Club Championships	Deeping	Deepings	4
30.20	437	H	19/11/16	Boston Club 12th Open Meet	Grantham	Deepings	3
30.65	418	H	06/02/16	Lincolnshire County Championships 2016	Louth	Deepings	2
30.65	418	H	22/10/16	Lincoln Vulcans L2 Short Course Open Meet	Sheffield	Deepings	2
30.67	417	H	10/04/16	The 2016 Leicester Age Group Meet	Braunstone	Deepings	3
30.69	417	H	03/06/18	Deepings Club Championships 2018	Deepings LC	Deepings	4
32.58	348	H	28/06/15	Lincoln Vulcans Grantham L3 Open Meet	Grantham		3
33.27	327	H	17/10/15	Lincoln Vulcans Level 2 Open Meet	Sheffield		2
33.69	315	H	04/10/15	Rob Welbourn Open Meet 2015	Peterborough		3
33.82	311	H	12/04/15	The 2015 Leicester Age Group Meet	Leicester		3
34.48	294	H	19/07/15	Deeping Club Championships	Peterborough		4
35.22	275	H	22/11/14	Deepings Club Championships	Deepings		4

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