

Individual Best Times (All Time)

Laith Ali - (1145001) - Rushmoor Royals SC - 200 Freestyle - Short Course

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|----------------------------------|-----------|-----------------|-------|
| 3:55.88 | 74 | H | 21/12/13 | Rushmoor Royals Xmas Novice Gala | Guildford | Rushmoor Ryl | 4 |

Swims in Date Order

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