

# Individual Best Times (All Time)

Casey Rook - (1144213) - Reading SC - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:37.62	443	H	30/06/19	Hatfield Summer Meet 2019	Herts Sports Village	Wycombe Dist	2
2:38.01	439	F	07/12/19	Hart SC Last Chance Qualifier 2019	Hart Leisure Centre	Maidenhead	3
2:38.18	438	H	01/03/20	City of Oxford Swimming Club Short Course March	Cambridge	Maidenhead	3
2:39.86	424	H	28/09/19	Maidenhead Marlins County Qualifier	Magnet LC	Wycombe Dist	3
2:40.05	423	F	25/11/18	WDSC Short Course (L3) County & Regional Qualifier	Wycombe LC	Wycombe Dist	3
2:40.27	421	H	07/04/19	Hatfield Regional Qualifier 2019	Herts Sports Village	Wycombe Dist	3
2:40.88	416	H	16/12/18	Hatfield Xmas Meet Meet 2018	Hertfordshire	Wycombe Dist	3
2:41.41	412	F	16/12/18	Hatfield Xmas Meet Meet 2018	Hertfordshire	Wycombe Dist	3
2:55.84	319	F	28/10/17	Hart Autumn Level 3 Open Meet	Hart	Reading	3
2:57.02	312	F	08/04/18	Swim Bournemouth Spring Short Course L2 Meet	Bournemouth	Wycombe Dist	2
2:57.20	311	H	17/03/18	Tigersharks Spring L2 Open Meet	Swindon	Wycombe Dist	2
2:57.75	308	F	19/11/17	Reading Club Championships	Reading	Reading	4
3:02.70	284	H	06/05/17	Windsor Spring Level 3	Maidenhead	Reading	3
3:07.52	263	H	18/02/17	Rushmoor Royals Reg. Qual. Open Meet	Guildford	Reading	3
3:11.91	245	F	01/10/16	Reading Club Championships 2016	Reading		4
3:14.70	235	H	03/12/16	Bracknell Winter L3 Open Meet	Bracknell	Reading	3
3:16.97	227	H	28/01/17	Berks & Sth Bucks ASA 2017 County Championships	Maidenhead	Reading	2
3:18.66	221	H	17/01/16	Berkshire & Sth Bucks 2016 County Championships	Maidenhead	Reading	2
3:18.95	220	H	07/05/16	Windsor Spring Level 3 Meet	Windsor	Reading	3
3:19.86	217	H	13/12/15	Tilehurst No Frills Open Meet	Tilehurst		3
3:31.78	182	F	03/10/15	Reading Club Championships	Reading		4
4:35.55	82	F	15/11/13	Reading Club Championships	Reading	Reading	4

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