

Individual Best Times (All Time)

Casey Rook - (1144213) - Reading SC - 100 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:05.42	427	F	25/07/21	Tilehurst SC Sprint Meet	Reading		4
1:15.54	277	F	17/12/17	Reading December 9th L3 Open Meet	Reading	Wycombe Dist	3
1:16.21	270	F	22/07/17	Reading SC Club Sprints 2017	Reading		4
1:19.50	238	F	05/11/16	Reading November L3 Open Meet	Reading	Reading	3
1:19.59	237	H	26/11/16	Maidenhead Olympic Celebration County Qualifier	Maidenhead	Reading	3
1:19.82	235	H	09/10/16	Berkshire & South Bucks 2016 Development Meet	Bracknell	Reading	3
1:20.92	225	H	28/01/17	Berks & Sth Bucks ASA 2017 County Championships	Maidenhead	Reading	2
1:21.31	222	F	17/09/16	Leander Invitational Meet	Northolt	Reading	4
1:21.65	219	F	25/06/16	Reading Club Sprints	Reading		4
1:24.25	200	H	28/11/15	Maidenhead ASC November 2015 County Qualifier	Maidenhead		3
1:25.09	194	H	16/01/16	Berkshire & Sth Bucks 2016 County Championships	Maidenhead	Reading	2
1:28.58	172	F	20/06/15	Reading Club Sprints 2015	Reading	Reading	4
1:29.42	167	H	11/10/15	Berkshire & Sth Bucks Development Meet 2015	Bracknell		3
1:29.84	165	H	16/05/15	Windsor Level 3 Meet	Maidenhead		3
1:35.88	135	H	20/12/14	Tilehurst No Frills Invitational	Tilehurst		4
1:39.69	120	F	21/06/14	Reading Club Sprints 2014	Reading	Reading	4
1:39.80	120	H	14/06/14	Tilehurst SC Open Meet	Reading	Reading	3
1:40.49	117	H	12/10/14	Berkshire & South Bucks Development Meet	Bracknell		3
2:06.84	58	F	06/07/13	Reading SC Club Sprints	Surrey	Reading	4

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