

# Individual Best Times (All Time)

Casey Rook - (1144213) - Reading SC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:12.92	291	F	12/10/19	NASL South League Round One	Wycombe	Maidenhead	3
1:16.10	256	F	19/11/17	Reading Club Championships	Reading	Reading	4
1:20.68	214	F	09/11/19	National Arena Swimming League South Round Two	Hart LC	Maidenhead	3
1:21.11	211	H	26/11/16	Maidenhead Olympic Celebration County Qualifier	Maidenhead	Reading	3
1:22.43	201	H	18/02/17	Rushmoor Royals Reg. Qual. Open Meet	Guildford	Reading	3
1:23.59	193	H	09/10/16	Berkshire & South Bucks 2016 Development Meet	Bracknell	Reading	3
1:25.23	182	F	01/10/16	Reading Club Championships 2016	Reading		4
1:29.28	158	F	03/10/15	Reading Club Championships	Reading		4
1:30.64	151	H	11/10/15	Berkshire & Sth Bucks Development Meet 2015	Bracknell		3
1:31.28	148	F	17/09/16	Leander Invitational Meet	Northolt	Reading	4
1:36.09	127	F	24/01/15	Reading January Level 3 Open Meet 2015	Reading	Reading	3
1:36.56	125	F	16/11/14	Reading Club Championships	Reading	Reading	4
1:38.51	118	H	20/12/14	Tilehurst No Frills Invitational	Tilehurst		4
1:56.75	70	F	15/11/13	Reading Club Championships	Reading	Reading	4

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