

Individual Best Times (All Time)

Casey Rook - (1144213) - Reading SC - 50 Butterfly - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.93	383	F	22/06/19	The Terry Davies Alternative Nationals	Woodside	Wycombe Dist	3
30.56	360	H	15/12/18	Hatfield Xmas Meet Meet 2018	Hertfordshire	Wycombe Dist	3
31.43	331	F	24/11/18	WDSC Short Course (L3) County & Regional Qualifier	Wycombe LC	Wycombe Dist	3
31.71	322	H	29/09/19	Maidenhead Marlins County Qualifier	Magnet LC	Wycombe Dist	3
33.64	270	F	17/12/17	Reading December 9th L3 Open Meet	Reading	Wycombe Dist	3
34.19	257	F	28/10/17	Hart Autumn Level 3 Open Meet	Hart	Reading	3
34.21	256	F	22/07/17	Reading SC Club Sprints 2017	Reading		4
35.08	238	F	05/11/16	Reading November L3 Open Meet	Reading	Reading	3
35.55	229	H	09/10/16	Berkshire & South Bucks 2016 Development Meet	Bracknell	Reading	3
35.96	221	H	03/12/16	Bracknell Winter L3 Open Meet	Bracknell	Reading	3
36.63	209	F	25/06/16	Reading Club Sprints	Reading		4
37.06	202	H	28/01/17	Berks & Sth Bucks ASA 2017 County Championships	Maidenhead	Reading	2
37.39	196	H	07/05/16	Windsor Spring Level 3 Meet	Windsor	Reading	3
37.93	188	H	16/01/16	Berkshire & Sth Bucks 2016 County Championships	Maidenhead	Reading	2
38.06	186	F	13/03/16	16th City of Southampton Open Meet	Southampton	Reading	2
38.77	176	H	13/12/15	Tilehurst No Frills Open Meet	Tilehurst		3
42.22	136	H	11/10/15	Berkshire & Sth Bucks Development Meet 2015	Bracknell		3
42.81	131	H	16/05/15	Windsor Level 3 Meet	Maidenhead		3
42.96	129	F	20/06/15	Reading Club Sprints 2015	Reading	Reading	4
44.37	117	H	20/12/14	Tilehurst No Frills Invitational	Tilehurst		4
48.19	91	H	14/06/14	Tilehurst SC Open Meet	Reading	Reading	3
50.31	80	F	21/06/14	Reading Club Sprints 2014	Reading	Reading	4
52.14	72	H	12/10/14	Berkshire & South Bucks Development Meet	Bracknell		3
1:07.62	33	F	06/07/13	Reading SC Club Sprints	Surrey	Reading	4

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