

# Individual Best Times (All Time)

Heloise Hall - (1142885) - Witham Dolphins SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:17.53	386	H	22/11/14	Harlow Penguins Winter Open Meet	Harlow	Witham Dolph	3
5:25.06	360	F	07/12/19	WDSC Winter Champs 2019	Witham	Witham Dolph	4
5:27.35	352	F	11/12/16	Witham Dolphins Winter Club Championships	Witney		4
5:33.23	334	F	13/10/14	Witham Dolphins SC Winter Champs 2014	Witham		4
5:36.56	324	F	23/06/14	Witham Dolphins Club Swimming Championships	Witham	Witham Dolph	4
6:02.81	259	F	10/11/13	Witham Dolphins Winter Club Championships	Witham	Witham Dolph	4
7:02.32	164	F	08/12/12	Witham Dolphin SC Winter Club Championship	Witham	Witham Dolph	4
7:05.76	160	F	09/06/13	Witham Dolphins SC Summer Distance Events 2013	Witham	Witham Dolph	4

## Swims in Date Order

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5:25.06	360	F	07/12/19	WDSC Winter Champs 2019	Witham	Witham Dolph	4
5:27.35	352	F	11/12/16	Witham Dolphins Winter Club Championships	Witney		4
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