

Individual Best Times (All Time)

Benjamin Refson - (1142772) - Potters Bar SC - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
35.94	334	F	11/03/18	Potters Bar Spring Regional Qualifier	Furzeffield Centre	Potters Bar	3
36.32	324	H	27/01/18	Hertfordshire County Championships	Borehamwood	Potters Bar	2
36.36	323	F	27/01/18	Hertfordshire County Championships	Borehamwood	Potters Bar	2
37.31	299	H	20/11/16	4th Hoddesdon County Qualifier Open Meet	Borehamwood	Potters Bar	3
37.88	285	H	19/11/17	5th Hoddesdon County Qualifier Meet	Borehamwood	Potters Bar	3
38.29	276	H	28/01/17	Herts County Champs & Age Group Champs	Borehamwood	Potters Bar	2
38.47	272	F	03/12/17	Potters Bar Last Chance County Qualifier	Hertfordshire	Potters Bar	3
38.69	268	F	23/06/17	Potters Bar Club Championships 2017	Potters Bar	Potters Bar	4
38.71	267	F	23/09/16	Potters Bar Club Championships 2016	Potters Bar	Potters Bar	4
39.14	259	F	25/01/16	Hertfordshire County Championships	Borehamwood	Potters Bar	2
39.15	258	H	25/01/16	Hertfordshire County Championships	Borehamwood	Potters Bar	2
42.96	195	F	26/09/15	Potters Bar Club Championships	Potters Bar	Potters Bar	4
44.39	177	F	13/06/15	Potters Bar Summer Open 2015	Potters Bar	Potters Bar	3
44.72	173	F	18/01/15	2nd Hoddesdon County Qualifier Open Meet	Borehamwood	Potters Bar	3
45.02	170	F	15/03/15	Hertfordshire County Championships	Borehamwood	Potters Bar	2
47.24	147	F	23/11/14	Watford MD & Sprints Open Meet	Watford	Potters Bar	3
47.64	143	F	27/09/14	Potters Bar Club Championships	Potters Bar	Potters Bar	4
48.41	136	F	05/07/14	Potters Bar SC Summer Open 2014	Potters Bar	Potters Bar	3
52.09	109	F	19/01/14	Watford County Qualifier Open Meet	Watford	Potters Bar	3
52.63	106	F	24/11/13	Hitchin Open Meet 2013	Hitchin	Potters Bar	3
52.81	105	F	01/02/14	Potters Bar Winter Open Meet	Potters Bar	Potters Bar	3
54.77	94	F	21/09/13	Hoddesdon SC Open Meet	Enfield	Potters Bar	3
58.26	78	F	28/09/13	Potters Bar SC Club Championships 2013	Potters Bar	Potters Bar	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
------	--------	-------	------	------	-------	-----------------	-------

35.94	334	F	11/03/18	Potters Bar Spring Regional Qualifier	Furzeffield Centre	Potters Bar	3
36.36	323	F	27/01/18	Hertfordshire County Championships	Borehamwood	Potters Bar	2
36.32	324	H	27/01/18	Hertfordshire County Championships	Borehamwood	Potters Bar	2
38.47	272	F	03/12/17	Potters Bar Last Chance County Qualifier	Hertfordshire	Potters Bar	3
37.88	285	H	19/11/17	5th Hoddesdon County Qualifier Meet	Borehamwood	Potters Bar	3
38.69	268	F	23/06/17	Potters Bar Club Championships 2017	Potters Bar	Potters Bar	4
38.29	276	H	28/01/17	Herts County Champs & Age Group Champs	Borehamwood	Potters Bar	2
37.31	299	H	20/11/16	4th Hoddesdon County Qualifier Open Meet	Borehamwood	Potters Bar	3
38.71	267	F	23/09/16	Potters Bar Club Championships 2016	Potters Bar	Potters Bar	4
39.14	259	F	25/01/16	Hertfordshire County Championships	Borehamwood	Potters Bar	2
39.15	258	H	25/01/16	Hertfordshire County Championships	Borehamwood	Potters Bar	2
42.96	195	F	26/09/15	Potters Bar Club Championships	Potters Bar	Potters Bar	4
44.39	177	F	13/06/15	Potters Bar Summer Open 2015	Potters Bar	Potters Bar	3
45.02	170	F	15/03/15	Hertfordshire County Championships	Borehamwood	Potters Bar	2
44.72	173	F	18/01/15	2nd Hoddesdon County Qualifier Open Meet	Borehamwood	Potters Bar	3
47.24	147	F	23/11/14	Watford MD & Sprints Open Meet	Watford	Potters Bar	3
47.64	143	F	27/09/14	Potters Bar Club Championships	Potters Bar	Potters Bar	4
48.41	136	F	05/07/14	Potters Bar SC Summer Open 2014	Potters Bar	Potters Bar	3
52.81	105	F	01/02/14	Potters Bar Winter Open Meet	Potters Bar	Potters Bar	3
52.09	109	F	19/01/14	Watford County Qualifier Open Meet	Watford	Potters Bar	3
52.63	106	F	24/11/13	Hitchin Open Meet 2013	Hitchin	Potters Bar	3
58.26	78	F	28/09/13	Potters Bar SC Club Championships 2013	Potters Bar	Potters Bar	4
54.77	94	F	21/09/13	Hoddesdon SC Open Meet	Enfield	Potters Bar	3