

Individual Best Times (All Time)

Joshua Aspinall - (1140961) - Warrender Baths Club - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
28.30	476	F	22/09/18	Scottish National Team Championships	Tollcross	Warrender Ba	1
28.35	474	F	22/12/18	East District Age Groups 2018 Round 2	Edinburgh	Warrender Ba	2
28.63	460	H	14/12/19	Scottish National Short Course Championships	Edinburgh	Warrender Ba	2
28.65	459	H	02/11/19	East District Age Group Championships	Michael Wood Centre		2
28.70	457	H	22/12/18	East District Age Groups 2018 Round 2	Edinburgh	Warrender Ba	2
28.85	450	H	04/11/18	North District Open Championships 2018	Aberdeen	Warrender Ba	2
29.18	435	H	09/12/17	Scottish National Short Course Open Champs	Edinburgh	Warrender Ba	2
29.37	426	F	02/11/19	East District Age Group Championships	Michael Wood Centre	Warrender Ba	2
29.46	422	F	23/09/17	Scottish National Team Champs 2017	Aberdeen	Warrender Ba	1
29.64	415	F	07/10/17	WBC Championships 2017	Michael Woods Centre	Warrender Ba	2
30.17	393	H	08/12/18	Scottish National Short Course Open Swimming	Edinburgh	Warrender Ba	2
32.41	317	F	21/05/16	Swim West Lothian IM Tough Meet	Livingston	Warrender Ba	2
33.07	298	F	19/12/15	Cumbernauld Christmas Sprints 2015	Cumbernauld	Warrender Ba	3
33.14	296		09/01/16	FIRST Open Meet 2016	Bathgate	Warrender Ba	2
33.51	287	F	13/02/16	ELST Anniversary Meet	Prestonpans	Warrender Ba	2
35.06	250	F	10/10/15	WBC Club Championships 2015 Weekend	Glenrothes	Warrender Ba	2
35.52	241	F	16/05/15	Swim West Lothian IM Tough 2015	West Lothian	Warrender Ba	2

Swims in Date Order

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