

# Individual Best Times (All Time)

Jack Saunders - (1139360) - Newmarket & Dist SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time    | WA Pts | Round | Date     | Meet   | Venue        | Club Swam Under | Level |
|---------|--------|-------|----------|--|--------------|-----------------|-------|
| 4:44.31 | 416    | H     | 09/02/20 | Suffolk ASA County Championships 2019          | Ipswich      | Newmarket       | 2     |
| 4:48.59 | 397    | F     | 03/06/19 | Newmarket & District Sprint Club Championships | Newmarket LC |                 | 4     |
| 5:02.46 | 345    | F     | 04/06/18 | Newmarket & District Club Champs Sprint Event  | Newmarket LC |                 | 4     |
| 5:06.93 | 330    | H     | 29/09/18 | Modernian Golden Eagle Meet                    | Bletchley    | Newmarket       | 2     |
| 5:28.02 | 270    | F     | 24/09/17 | Newmarket Long Distance Events                 | Newmarket    |                 | 4     |
| 5:31.83 | 261    | F     | 26/02/17 | Suffolk County ASA Championships 2017          | Ipswich      |                 | 2     |
| 5:44.52 | 233    | F     | 22/09/16 | Newmarket & District Endurance Club Champs     | Newmarket    |                 | 4     |
| 5:52.83 | 217    | F     | 28/02/16 | Suffolk County Championships 2016              | Ipswich      |                 | 2     |
| 6:12.35 | 185    | F     | 06/12/15 | Newmarket & District December Open Meet 2015   | Newmarket    |                 | 3     |
| 6:13.02 | 184    | F     | 20/09/15 | Newmarket & District Club Championships 2015   | Newmarket    |                 | 4     |
| 6:13.97 | 182    | F     | 21/03/15 | Suffolk County Championships                   | Ipswich      |                 | 2     |
| 6:30.89 | 160    | F     | 19/04/15 | Newmarket & District Seventh Open Meet         | Newmarket    |                 | 3     |
| 6:53.48 | 135    | F     | 21/09/14 | Newmarket & District Endurance Championships   | Newmarket    |                 | 4     |

## Swims in Date Order

| Time    | WA Pts | Round | Date     | Meet   | Venue        | Club Swam Under | Level |
|---------|--------|-------|----------|--|--------------|-----------------|-------|
| 4:44.31 | 416    | H     | 09/02/20 | Suffolk ASA County Championships 2019          | Ipswich      | Newmarket       | 2     |
| 4:48.59 | 397    | F     | 03/06/19 | Newmarket & District Sprint Club Championships | Newmarket LC |                 | 4     |
| 5:06.93 | 330    | H     | 29/09/18 | Modernian Golden Eagle Meet                    | Bletchley    | Newmarket       | 2     |
| 5:02.46 | 345    | F     | 04/06/18 | Newmarket & District Club Champs Sprint Event  | Newmarket LC |                 | 4     |
| 5:28.02 | 270    | F     | 24/09/17 | Newmarket Long Distance Events                 | Newmarket    |                 | 4     |
| 5:31.83 | 261    | F     | 26/02/17 | Suffolk County ASA Championships 2017          | Ipswich      |                 | 2     |
| 5:44.52 | 233    | F     | 22/09/16 | Newmarket & District Endurance Club Champs     | Newmarket    |                 | 4     |
| 5:52.83 | 217    | F     | 28/02/16 | Suffolk County Championships 2016              | Ipswich      |                 | 2     |
| 6:12.35 | 185    | F     | 06/12/15 | Newmarket & District December Open Meet 2015   | Newmarket    |                 | 3     |
| 6:13.02 | 184    | F     | 20/09/15 | Newmarket & District Club Championships 2015   | Newmarket    |                 | 4     |

|         |     |   |          |  |           |   |
|---------|-----|---|----------|--|-----------|---|
| 6:30.89 | 160 | F | 19/04/15 | Newmarket & District Seventh Open Meet       | Newmarket | 3 |
| 6:13.97 | 182 | F | 21/03/15 | Suffolk County Championships                 | Ipswich   | 2 |
| 6:53.48 | 135 | F | 21/09/14 | Newmarket & District Endurance Championships | Newmarket | 4 |